

Dept.	Coupon Value	Item Description
Deli	save \$1 off 1	Save \$1.00 on Store Brand Honey Ham, Oven Roasted Turkey, Ham & Turkey or Honey Turkey 8 oz Tub
Nat/Specialty	save \$1 off 1	Save \$1.00 on Celestial Seasonings Wellness Teas 20 ct
Beverage	FREE	Sobe Life Water 20 oz Bottle
HBC	FREE	Lacross Emery Board 4" 1 ct
GM	save \$1 off 1	Save \$1.00 on Any Energizer Battery, All Sizes
HBC	save \$2 off 1	Save \$2.00 on John Frieda Root Awakening 5 - 10 oz Tube
Main Meals 1	save \$1 off 1	Save \$1.00 on Healthy Harvest or Ronzoni Smart Taste Pasta 12 -16 oz Pkg
Dairy	save \$1 off 1	Save \$1.00 on Promise Spread 15 oz Pkg
GM	save \$1 off 1	Save \$1.00 on Smart Living Metal or Ceramic Bakeware
GM	save \$1 off 1	Save \$1.00 on Any Pyrex Item
GM	save \$1 off 1	Save \$1.00 on Hoan Gadgets
GM	save \$1.50 off 1	Save \$1.50 on Ghirardelli Intense Dark Bar 3.17 - 3.5 oz
Main Meals 1	FREE	Knorr Pasta Plus Veggies Side Dishes 4.3 - 5.4 oz Pkg
Enhancers	save \$1 off 1	Save \$1.00 on McCormick Grillmates Rubs 3.25 - 4.41 oz Jar
Enhancers	save \$1 off 1	Save \$1.00 on McCormick Perfect Pinch Seasonings .75 - 3.87 oz Jar
Beverage	save \$1 off 1	Save \$1.00 on Welch's 100% Purple Grape Juice 11.5 oz Can
GM	save \$1 on 1	Save \$1.00 on Blue Diamond Almonds 6, 8 or 16 oz
Seafood	save \$1 on 1	Save \$1.00 on McCormick Seafood Sauce Ass't Varieties and Sizes
GM	save \$1 on 1	Save \$1.00 on Sylvania Soft White 4 pk Light Bulbs
GM	save \$1 on 1	Save \$1.00 on Rubbermaid Lock It Ass't Varieties
Deli	save \$2 on 2	Save \$2.00 on 2 Weight Watchers Fresh Meals From the Deli 8 - 10 oz
Baby	save \$1 on 1	Save \$1.00 on Beech Nut Let's Grow Fruit Nibbles 3.6 oz
Main Meals 1	save \$1 on 1	Save \$1.00 on Bumble Bee Kits 3.5 oz Container
Enhancers	save \$1 off 1	Save \$1.00 on McCormick Pure Vanilla Extract 2 oz Bottle
Main Meals 1	save \$1 off 1	Save \$1.00 on Marie Callender's Homestyle Creations 6.95 - 7.95 oz
Dairy	FREE	Land O' Lakes Spreadable Butter 7 - 8 oz Tub
Beverage	save \$1 off 1	Save \$1.00 on 4C Drink Mixes Ass't Sizes
Beverage	FREE	Realime Lime Juice 8 oz Jar
Beverage	save \$2 on 1	Save \$2.00 on Ocean Spray Cranergy 64 oz Bottle
GM	FREE	One Free \$.99 Expressions From Hallmark Greeting Card
Dairy	FREE	Sargento String Cheese or Sticks 7.5 - 12 oz
Dairy	save \$1 off 1	Save \$1.00 on Crystal Farms Better 'n Eggs or All Whites 16 oz Carton
Pet	save \$1 off 1	Save \$1.00 on Tidy Cat Litter 14 or 20 lb Jug or 27 lb Pail
Pet	save \$1 off 1	Save \$1.00 on Friskies Dry Cat Food 16.2 oz Box or 3.15, 6.31 or 16 lb Bag
Pet	save \$1 off 1	Save \$1.00 on Beneful Dry Dog Food 3.5, 7, 15.5 or 31.1 lb Bag
Beverage	save \$1 off 1	Save \$1.00 on Welch's Juice Makers 11.5 oz Can
Rewards	FREE	Nabisco Go Paks 3.25 - 4 oz Cup
Rewards	FREE	Snyder's Pretzel Rods 10 oz Bag
Beverage	save \$1 off 1	Save \$1.00 on Poland Spring or Deer Park Aquapod 11 oz
Beverage	FREE	Perrier Original or Citron 1 liter Bottle
Beverage	save \$1 off 1	Save \$1.00 on Nestle Pure Life 6 pk 16.9 oz Bottles
Household	FREE	O-Cell-O Light Duty Sponges 2 pk
Frozen	FREE	Jose Ole Chicken Chimichanga 5 oz
Frozen	FREE	Banquet Meals 7 - 11 oz Package
Dairy	save \$1 off 1	Save \$1.00 on Breyers Yo Crunch 100 Calorie Packs 4 pk 15 oz
Dairy	save \$1 off 1	Save \$1.00 on Welch's Chilled Cocktails 64 oz Carton
Frozen	FREE	Save \$1.00 on Mama Rosie's Cavatelle 16 oz or Gnocchi 22 oz
Rewards	FREE	Lays Classic Single Serve 1.875 oz or Doritos Nacho Flavor Single Serve 2.125 oz Bag
GM	FREE	Emerald Trail Mix 5.5 oz
HBC	FREE	Colgate Extra Clean Soft Toothbrush
Baby	save \$2 off 1	Save \$2.00 on Huggies Baby Wipe Refills 320 - 360 ct
Enhancers	FREE	Quaker Oatmeal Express Cups 1.9 oz
Enhancers	FREE	Hunts Snack Pack Puddings 4 pk 4 oz
Frozen	save \$1 off 1	Save \$1.00 on Lindy's Italian Ice 36 oz
Main Meals 1	save \$1 off 2	Contadina Tomato Sauce 15 oz Can
Enhancers	save \$1 off 2	Save \$1.00 on 2 Black Pearl Olives 5.75 - 6 oz Can
GM	save \$1 off 1	Save \$1.00 on Libman Heavy Duty Scrubber 1 ct
Nat/Specialty	FREE	Snyders Honey Wheat Sticks 8 oz
Enhancers	FREE	Heinz Quart Vinegar White 32 oz Jug
Nat/Specialty	FREE	Kashi Go Lean Bars 1.59 - 2.75 oz
Nat/Specialty	save \$1 off 1	Save \$1.00 on Kettle Brand Baked Chips 4 oz Bag
Nat/Specialty	save \$1 off 1	Save \$1.00 on Pirate's Potato Flyers 5.5 oz Bag

Nat/Specialty	save \$2 off 2	Save \$2.00 on 2 Emeril's Pasta Sauce 25 oz Jar
Household	FREE	Kleenex Facial Tissue 110 ct
Nat/Specialty	FREE	Pria Bar .98 oz
GM	FREE	Wonka Chocolate 3.5 oz Bar
HBC	save \$2 off 1	Save \$2.00 on Kotex Pads, Liners or Tampons Double Packs Ass't Counts
HBC	FREE	Soy Joy Bar 1.06 oz
GM	FREE	Dentyne 12 ct or Stride 14 ct Gum
GM	FREE	Lindt Excellence Bar 3.5 oz
HBC	save \$1 off 1	Save \$1.00 on Neutrogena Suncare Products
Enhancers	FREE	Hidden Valley Ranch Dry Dip Mix .9 oz
Enhancers	save \$1 off 1	Save \$1.00 on KC Masterpiece BBQ Sauce 28 oz Bottle
HBC	FREE	Goody Ace Comb 1 ct
GM	FREE	Hershey King Size Candy 2.6 - 3.2 oz
GM	save \$1 off 1	Save \$1.00 on Raid Max Bug Barrier Starter 30 oz
Enhancers	FREE	Keebler Pie Crust Tart Shells 4 oz
Dairy	FREE	Tropicana Pure Premium Orange Juice 14 oz Carton
HBC	FREE	Cutex Nail Polish Remover 6 oz Bottle
HBC	FREE	Alberto VO5 Blackberry Sage Tea Shampoo or Conditioner
Produce	FREE	Dole Classic Romaine Salad 9 oz Bag
Nat/Specialty	save \$1 off 1	Save \$1.00 on Popcorn Indiana 10.5 oz Bag
Nat/Specialty	FREE	Food Should Taste Good All Natural Tortilla Chips 5.5 - 6.0 oz Bag
HBC	FREE	Suave Body Wash 12 oz Bottle
HBC	FREE	Suave Essentials Shampoo or Conditioner 22.5 oz Bottle
Beverage	save \$1 off 1	Save \$1.00 on Chock Full o' Nuts Coffee 33 - 39 oz Can
Enhancers	save \$1 off 1	Save \$1.00 on Wishbone Italian or Ranch Salad Dressing 24 oz
Frozen	FREE	Dole IQF Fruit Salad Island Blend 16 oz Bag
Beverage	FREE	Mountain Dew Amp or Sobe Energy Drinks 16 oz Can
Beverage	save \$1 off 1	Save \$1.00 on Starbucks Frappuccino Flavored Coffee Drinks 4 pk 9.5 oz Bottle
Beverage	FREE	Orange Crush Soda 20 oz Bottle
Beverage	save \$1 off 1	Save \$1.00 on Instant Coffee Maxwell House Regular 8 or 12 oz, Decaf 8 oz or Sanka 8 oz
Beverage	4 FREE	Kool-Aid Unsweetened Drink Mix 2 QT .16 oz - 4 Free
Household	FREE	Palmolive Liquid Dish Detergent 10 oz Bottle
Household	save \$1 off 1	Save \$1.00 on Bounty 2 Huge Roll Select a Size 210 ct or 6 Huge Roll 130 ct
GM	FREE	Wrigley "5" Single Serve Gum 15 ct
Enhancers	save \$1 off 1	Save \$1.00 on Post Shredded Wheat Ass't Varieties or Grape Nuts 24 oz
Enhancers	save \$1 off 1	Save \$1.00 on Newman's Own Salad Dressing 12 - 16 oz Jar
Enhancers	save \$1 off 1	Save \$1.00 on Newman's Own Cereal 12 - 16 oz Box
Enhancers	save \$1 off 1	Save \$1.00 on Mount Olive Pickles 16 oz Jar
Enhancers	save \$1 off 1	Save \$1.00 on Diamond Crystal Fine or Coarse Sea Salt 22 oz Box
Enhancers	FREE	Weber Marinades 1.12 oz Package
Enhancers	save \$2 off 1	Save \$2 on Spice Island Spices Ass't Varieties
Enhancers	save \$1 off 1	Save \$1.00 on Naturally Delicious Mayo 18 oz, BBQ Sauce 21.5 oz or Salad Dressing 16 oz
Beverage	save \$1 off 1	Save \$1.00 on Vita Coco Coconut Water 17 oz Bottle
Beverage	save \$1 off 1	Save \$1.00 on Folger's Instant Coffee 4, 8 or 12 oz Can
Enhancers	FREE	Domino Cinnamon & Sugar Shaker 3 oz
Household	save \$1 off 1	Save \$1.00 on Air Wick Aqua Mist Pump Air Fresheners 11.7 oz Bottle
Enhancers	save \$1 off 1	Save \$1.00 on Golden Blossom Honey 24 or 40 oz
Main Meals 2	save \$1 off 1	Save \$1.00 on Heinz Homestyle Gravy 18 oz Jar
Main Meals 2	FREE	Mott's Applesauce 23 - 24 oz Jar
Beverage	FREE	Powerade Drinks 32 oz Bottle
Beverage	FREE	V8 V-Fusion Juice 12 oz Bottle
Beverage	FREE	Evian Spring Water 33.8 oz Bottle
Beverage	FREE	Smartwater 33.8 oz Bottle
Household	save \$1 off 1	Save \$1.00 on Clorox Disinfecting Wipes 75 ct
Frozen	save \$2 off 1	Save \$2.00 on Heinz TGIF Skillet Meals 24 oz Bag
Nat/Specialty	save \$1 off 1	Save \$1.00 on Earth's Best Sesame Street Cookies or Crackers 5.3 oz
Household	save \$2 off 1	Save \$2.00 on All Liquid Laundry Detergent 150 oz Jug
Enhancers	save \$1 off 1	Save \$1.00 on Lindsay Pitted Olives 6.5 oz
Beverage	FREE	Gold Peak Iced Tea or Fuze Drinks 18.5 oz Bottle
Main Meals 1	FREE	Cento Flat or Rolled Anchovies 2 oz Can
Bakery	save \$1 off 1	Save \$1.00 on Wonder Smart Bread 20 oz
Frozen	save \$2 off 1	Save \$2.00 on California Pizza Kitchen Self Rising Crust 26 oz Box
Frozen	FREE	Gorton's Grilled Fillet Garlic Butter 7.6 oz Pkg
Frozen	save \$2 off 1	Save \$2.00 on DiGiorno Pizza and Bread Sticks 35.4 - 36.8 oz Pkg
Frozen	save \$1.00 off 1	Save \$1.50 on Tyson Bagged Chicken 25.44 - 29 oz Bag
Enhancers	save \$2 off 1	Save \$2.00 on Jello Cheese Cake 11.1 oz Pkg
Nat/Specialty	FREE	Brothers All Natural Fruit Crisps .28 - .53 oz Bag

HBC	save \$1 off 1	Save \$1.00 on Bausch & Lomb ReNu Fresh 12 oz or ReNu Sensitive 24 oz Bottle
Frozen	save \$1 off 1	Save \$1.00 on Ray's New York Style Bagels 24 oz Bag
HBC	save \$1 off 1	Save \$1.00 on Dry Idea Deodorant 3 - 3.25 oz Pkg
Rewards	save \$1 off 1	Save \$1.00 on Rice Works 5 oz Bag
Frozen	save \$1 off 1	Save \$1.00 on Wells Blue Bunny Champ Cones 6 ct 27.6 oz or Ice Cream Sandwiches 42 oz
Beverage	FREE	Vitamin Water 20 oz Bottle
Frozen	FREE	Skinny Cow or Edy's Yogurt Blend Cups 5.8 oz Cup
Dairy	save \$1 off 1	Save \$1.00 on Simply Orange Juice 89 oz Bottle
Dairy	FREE	Cabot Omega 50% Light Cheddar 6 oz Bar
Rewards	save \$1 off 1	Save \$1.00 on Keebler Soft Batch Chocolate Chip Cookies 18 oz Bag
Rewards	FREE	Pepperidge Farm Goldfish Carton 2 oz Pkg
Rewards	save \$1 off 1	Save \$1.00 on Alexia Snacks 4.5 - 5 oz Bag
Rewards	save \$1 off 1	Save \$1.00 on Jolly Time Microwave Popcorn 4.8 - 10.5 oz
Rewards	save \$1 off 1	Save \$1.00 on Joy Ice Cream Cones and Waffles 7 oz Pkg
Beverage	save \$1 off 1	Save \$1.00 on Aquafina Flavor Splash 6 pk 16.9 oz Bottles
Beverage	save \$1 off 1	Save \$1.00 on Minute Maid Juice To Go 10 oz Bottle
Bakery	save \$1 off 1	Save \$1.00 on Arnold Whole Grain Classic Bread 24 oz
Bakery	save \$1 off 1	Save \$1.00 on Entenmann's Cookies 12 oz Pkg
Bakery	save \$1 off 1	Save \$1.00 on Thomas' English Muffins 6 pk Ass't Varieties
Frozen	FREE	Aunt Jemima Waffles 10 ct
Frozen	FREE	Aunt Jemima Breakfast Entrees 5.25 - 6.8 oz
Frozen	FREE	Pepperidge Farm Tuscan Loaf 8 oz Plastic Bag
Frozen	save \$1 off 1	Save \$1.00 on Dr. Oetker Ristorante Pizza 11.5 - 13.8 oz
HBC	save \$1 off 1	Save \$1.00 on Aquafresh IsoActive or Sensodyne IsoActive Toothpaste 4.3 oz
HBC	save \$1 off 1	Save \$1.00 on Halls Premium Cough Drops 20 - 30 ct
Bakery	FREE	Pepperidge Farm Hot Dog or Hamburger Rolls 12.25 - 15 oz Pkg
Meat	save \$1 off 1	Save \$1.00 on Fast Fixin' Strips, Popcorn Chicken or Nuggets 26 - 36 oz
Dairy	save \$1 off 1	Save \$1.00 on Horizon Organic or Organic Cow Milk 64 oz Carton
Nat/Specialty	save \$1 off 1	Save \$1.00 on QB Snacks 8 oz Box
HBC	FREE	Atkins Advantage Bar 1.7 oz
HBC	save \$1 off 1	Save \$1.00 on Johnson & Johnson Head to Toe Baby Wash & Lotion 9 - 15 oz
Rewards	save \$1 off 1	Save \$1.00 on Pop Secret Microwave Popcorn 3, 6 or 10 ct
Rewards	save \$1 off 1	Save \$1.00 on Orville Redenbacher Microwave Popcorn 3 - 4 ct
Household	FREE	Comet Lemon Bathroom Cleaner 17 oz Canister
Main Meals 2	FREE	Chi Chi's Snacker's 16 oz
Enhancers	save \$1 off 1	Save \$1.00 on Sweet Baby Rays BBQ Sauce 28 oz Bottle
Nat/Specialty	save \$1 off 1	Save \$1.00 on Evol Burritos 8 oz Pkg
Dairy	FREE	Sorrento Fresh Mozzarella 8 oz
Dairy	FREE	Daisy Sour Cream 8 oz Container
Dairy	save \$1 off 1	Save \$1.00 on Newman's Own Lemonade 64 oz Carton
Pet	save \$1 off 1	Save \$1.00 on Canine Carry Outs 25 oz Bag
Enhancers	save \$1 off 1	Save \$1.00 on Hormel Bacon Bits 2.8 oz Jar
Enhancers	save \$1 off 1	Save \$1.00 on Splenda Sugar Blend 32 oz Bag
Enhancers	FREE	Vlasic Sweet Relish 9 - 10 oz Jar
Enhancers	FREE	Tabasco Pepper Sauce 2 oz Bottle
Meat	save \$1 off 1	Save \$1.00 on Carl Buddig Ham or Turkey 12 - 16 oz
Household	save \$1 off 1	Save \$1.00 on Crystal Elements Starter Kit 9 oz or Refill 18 oz
HBC	save \$1 off 1	Save \$1.00 on Tylenol 50 ct Ass't
HBC	FREE	J&J Reach Dental Floss 55 yard
Main Meals 1	save \$1 off 1	Save \$1.00 on Francesco Rinaldi To Be Healthy Pasta Sauce 16 oz Jar
Main Meals 1	save \$1 off 1	Save \$1.00 on No Yolk Noodles 12 oz Bag
Dairy	FREE	Breakstone Cottage Doubles 5.5 oz Container
Dairy	FREE	Breakstone Sour Cream 8 oz Cup
Dairy	save \$1 off 1	Save \$1.00 on Newman's Own Pizza 13.2 - 14.7 oz Pkg
Nat/Specialty	FREE	Honest Tea 16 or 16.9 oz Ass't Varieties
Main Meals 2	save \$1 off 1	Save \$1.00 on Newman's Own Salsa 16 oz Jar
Dairy	save \$1 off 1	Save \$1.00 on Lactaid Milk 64 oz or larger Ass't Varieties
Main Meals 2	FREE	Ortega Seasonings 1.25 oz Pkg
Beverage	FREE	Snapple White or Green Teas 17.5 oz Bottle
Main Meals 2	save \$1 off 1	Save \$1.00 on Mission Fajita, Tortilla, Burrito or Wrap 7.5 - 28 oz Bag
Produce	FREE	Odwalla Bar 2 oz
Beverage	save \$1 off 1	Save \$1.00 on Propel Powder 2 - 2.3 oz Pkg
Beverage	save \$1 off 1	Save \$1.00 on Gatorade 32 oz Bottle
Rewards	FREE	Utz Pretzel Rod Box 8 or 10 oz
Rewards	FREE	Cape Cod White Cheddar Popcorn 5 oz Bag
Enhancers	save \$1 off 1	Save \$1.00 on Smart Balance Peanut Butter 26 oz Jar
Enhancers	FREE	Kellogg Cereal In A Cup 1.5 - 2.8 oz Pkg

